



The Beacon

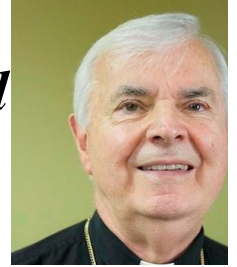
September 2017

Newsletter of Christ Lutheran Church, Scituate, MA

www.clc-scituate.org

781-545-5271

From Our Interim Pastor Robert Schipul



There is a time for everything, and a season for every activity under heaven: a time to be born and a time to die, a time to plant and a time to up-root.....Ecclesiastes 3:1-2

Solomon in reflecting back on his whole life saw the pattern of life as giving him opportunities to serve God through all the stages of life. There is a time for this and that and he leaves no example unanswered. These are the reality issues of life and we can't avoid them. BUT, we can embrace them! So this Fall comes with another one of those "times;" or "opportunities". They come upon us so quickly. Where did summer go! Labor Day is around the corner. Kids are going back to school soon. We are back in the race. We are back in the "auction of our time." Yes, our TIME is up for grabs. Remember Solomon says we only have so much time. And during these "times" we make choices. God gives us 24 hours a day to spend. Solomon says be wise and remember each "time" he lists involves choice on our part. We, in faith say, Lord my life is in your hands! He responds: "But I gave you a watch so you can allot the time needed."

I have been encouraged the past 6 months by:.....1. People joining our fellowship and getting involved; 2. Parents and children settling in for VBS, supporting their children and acknowledging the blessing VBS brought to their family;....3. "Obadiah" settling in and becoming a part of our congregation and mission to reach people;...4. Members stepping up to serve. All these are positive signs of the growth of the Holy Spirit in our midst.

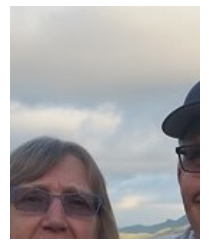
"There is a time to plant" and for us this fall is the time to come home, to roll up your sleeves and join in the ministry of Christ Lutheran Church. You may think you are too old, young, busy, sick, negative or whatever excuse you can muster...Solomon has heard them all. So has every Pastor. None of our excuses, (which keep us in our comfort zone) hold any water. A church is as strong as the faith of its people. We saw that in VBS as servants rallied together and families responded.

I believe this is only the beginning of our re-birth. To those who may look with jaundiced eye and say: 'That old Pastor...what does he know!' But I am asking you to consider that THIS IS THE TIME God has appointed for all of us to respond.

I am inviting EVERY MEMBER of CLC to join together on Tuesday, August 29 at 7:00pm to assist the congregation in welcoming new faces and old friends this September. Rally Day is September 10 and we are preparing to celebrate the 500th. Anniversary of the Lutheran Reformation on October 31. Please come with these words on your lips and in your heart: "I can help.....!" Will it get you a better place in heaven? No! But it will give you peace and maybe even a song in your heart.

May the Lord bless us because it is a time to plant!
Pastor Bob

From the President



We have had lots of activity at our church that involves our members and members of the Community.

I would first like to thank Holly for her vision of doing over the Rainbow room to multiple purpose use room. A little change is refreshing.

We also earned a little money \$200.00 by renting space for a children's Yoga class for four mornings in July. Also on September 7th, a children's Yoga demonstration class sponsored by the Scituate Recreation center will be held here. This event we will not charge for; it is considered a community event.

We had what I consider the most successful VBS in the history of Christ Lutheran. What was so great was we did it with the help of God and the dedication of many CLC members. I know Sandy, Janet, and Holly were the driving force, and they recruited many members to help. Did you know that Lois, our most talented organist, can also do Rap music?! The VBS kids loved her.

We are so blessed to have Pr. Bob Schipul as our interim pastor. He is a great help to me with his spiritual guidance. With Pr. Bob's presence, I feel we are always heading in the right direction as a Congregation. I encourage more Members to join in the church activities, it's Gods work.

Coming September 23rd we will have our annual yard sale. If you have something that you would like to donate, now is the time to drop it off at the church. If you need assistance for delivery of your items, please contact me @ jpk6289@aol.com or my cell 617-347-9197.

May Our Lord Jesus Christ Bless our church, all its members and our community.

Always in His service,
President Joe

Birthdays in September



- 1—Ross Isbrandt
- 2—Fred Zimonja
- 9—Chloe Johnson
- 14—Luella Harlos
- 17—Lynn Eaton
- 19—Haley Dockendorff
- 26—Annette Francis
- 28—Adelina Bain
- 29—Anna Sweeney
- 30—Andrew Hertig

Parish Nurse



I look for items of interest each month and offer a little bit from here and a bit from there...

South Shore Medical Center (SSMC) is a better source of relevant information than my nursing/medical research data bases and personal preferences (theme songs).

The SSMC has joined up with the YMCA and established the "Prevention and Wellness Trust Fund" and "Wellness Initiative". I found a brochure called "EXERCISE IS MEDICINE".

Classes/programs are free and offered at Zone Wellness-141 Longwater Drive, Norwell (SSMC), Emilson YMCA, Hanover, and Quincy YMCA. The flyer I have shows the following offerings:

Fall Prevention and Senior Wellness

- A Matter of Balance
- Tai Chi
- Walk with Ease

Diabetes Prevention & Management:

- Conquer Diabetes
- YMCA's Diabetes Prevention Program

Healthy Living:

- 30 for 30 (setting goals for fitness, weight loss, general health)

Structured Exercise:

- Pre- and Post Op – restoring health when recovering (before or after physical therapy)

Cancer Support:

- Livestrong at the YMCA

Cardiac Maintenance:

- Cardiac and Pulmonary Transitions – individualized group exercise program

If you want a brochure or more information call Emily Hubert, Zone Wellness director at ehubert@ssymca.org / 617-483-3028 or Katelyn Szafir, Medical Wellness Director at Kszafir@ssymca.org / 617-479-8500 ext. 8228.

Tips to health-er-ize the rest of your summer

- Replace pre-made burgers with burgers you make with lean ground beef with fresh herbs and spices. Better yet, use ground white meat chicken or turkey breast. (All herbs are fair game and the more the tastier!)
- Grill fish! - tuna, salmon, halibut, or other seafood. It is WAY healthier than hot dogs and hamburgers
- Make your own marinades or look for low sugar, low sodium products (in the health food section).
- Eat raw veggies instead of chips
- Eat fruit for dessert
- Choose sparkling or flavored water over pre-sweetened drinks or soft drinks.
- Hold the butter on your corn-on-the-cob. Try lemon juice and black pepper for a change.
- Make your own potato salad. Go easy on the mayo. Don't serve multiple starchy dishes in the same meal.
- Eat leafy greens!! It is that time of year.

As always, praying for your good health.

Janet Schmitz, RN

Elders



IT'S TIME

It's time for what, you ask. It's time for all of us to do a little soul searching about our relationship with our God, with this church, with our community, and with each other. Are we fully committed to all four of these, a couple, or just one? At this time a full commitment is needed from each and every one of us, whether teen, adult, or senior, new member or member of several decades. We need to examine our hearts and our intentions to honestly declare if we are ready to do the things that we need to do to move forward. We need to answer the question - have I been and am I a good and faithful servant, using wisely and generously the gifts that I have been given by God?

Each of us should have an active, busy, and involved life in the church. It isn't enough to just come occasionally for a church service and leave right afterwards. One of the best components and blessings of being a member of a church is the close, caring relationships that you establish with other members. But you need to be involved for these relationships to happen - come down to coffee and fellowship time if only for a few minutes. Let someone know that you are willing to help in some way and explore possible tasks that your skills or interests match up with - then just take a leap of faith that this is going to be a good thing for you and for our church family here at CLC.

There are so many varied opportunities for helping to make our church to fully reflect God's glory that I'm sure everyone can find their place to serve. There is a need for more Sunday greeters, ushers, readers (lector), communion assistants, and hosts/hostesses for fellowship time. Are you able to come and water or care for plants, sweep sidewalks, blow off the parking lot, change the wording on the church sign, pick up ugly trash on either side of the driveways or across the street from the church, or wash dirty windows? Maybe you love children or teens and might consider co-teaching or helping with S.S. Which starts Sept. 10th.

I must acknowledge that CLC is blessed with a solid, loyal core of very dedicated, energetic, talented, and creative servants who give their all to CLC and to their Lord. These include those who are serving in the Sunday Worship service, in the Altar Guild, the Flower Guild, who are caregivers, handlers, and ministry partners with Obadiah, our Comfort Dog, who worked in the fundraiser for the Ruth House, helped with the Artisan Fair, organized and held a fantastic VBS and Special Sunday service and Barbecue, are

Planning Rally Day and S.S. Classes, the teachers, musicians, choir members, church council members, our Advocate, and very importantly - our very dedicated and special Interim Pastor!

To all who are doing so much already, thank you for your extraordinary service, God bless you and may the Lord work in more hearts to provide more workers to assist you or to even allow you a well deserved rest! Thank you everyone for taking the time to read this, to contemplate my thoughts, and to see if any of them are speaking to you.

(1Peter 4:10). Serve one another with whatever gift each of you has received.

With love in Christ,

Barb

Notes and What's Happening

September 10 Rally Day
Cookout to follow

September 23 Yard Sale

October 22 District Wide Celebration of the 500th

October 29 Reformation Sunday

October 31 - 500th. Anniversary of the Lutheran Reformation

Capstone Visit

Pastor Dan and Patty Schmelzer, Directors of Capstone Ministries will be in New England, August 1-28 in Connecticut and 8/28 through 9/25 in Northern NE. Patty was with us for VBS and Dan will be with us on a weeknight or a Sunday in September. Schedules still pending.

CONGREGATION WIDE ASSEMBLY

AUGUST 29, 2017

7:00PM

Sunday Worship Assistants...Altar Guild, Ushers, Lectors, Hosts/hostesses, Communion Assistants, greeters, banners & acolytes.

Sunday School....Sunday morning, Confirmation, First Communion

Adult Studies....church & home

Youth Group

Elders

Worship....Organ, piano, bells, Band & choir

EVERYONE IN THE CONGREGATION CAN BE OF SERVICE IN ONE OF THE ABOVE AREAS OF MINISTRY AND THAT IS WHY THIS INVITATION IS GOING OUT TO ALL OF US.

Join us beginning on September 10
At 9:30 am
for our Fall Schedule with:

RALLY DAY

Worship
Intro to Classes
Barbecue

Sign-up sheet will be posted
For Barbecue Contributions

Anniversaries in September



1—Charlie & Jenifer MacPherson
5—Matt & Allegra Bain
11—Jim & Andrea Hunt
12—John & Cheryl Sullivan
16—Eric & Cheryl Foote
19—Jim & Tina Jilg
21—Fred & Mary Schneider

VBS 2017

It was a wonderful success for our "Son Treasure Island " theme, Son seekers VBS" at CLC!

We enrolled 24 students - Pre K through Grade 5. It was all made possible at short notice by our most vigorous and supportive staff. We had a triumvirate (Sandra Lee, Holly and Janet) to direct the curriculum, advertisement, staff and to make sure everything was in place quickly for a seamless program!



And it went off well with the help of our new recruit- Shelby who kept classes on time with the ringing of our church bell !

God's message of love and salvation was taught by our teaching staff and assistants. Pastor Bob graciously presided over each day's opening and closing.



Lois and Luella provided wonderful music and accompaniment for the children and directed the closing songs on Sunday!

Craft Time was wonderfully matched to our daily Bible stories by Sue, Allegra and Paddy.

Then kids loved refreshment time outside at Coco Banana Snack Bar headed up by Bruce and Lorraine - with help from Luella and Carolyn.

Recreation time began with Obadiah and Top Dog - Bruce - in the playground staffed by Susan, Joby & Shelby!

An uplifting time for all -carrying on a Lutheran heritage tradition.

We give glory to God and thanks to all our wonderful volunteers!

DIRECTORS TRIMUVIRATE:

Sandra Schipul
Holly Ellen Gay
Janet Schmitz

TEACHERS:

Holly Ellen Gay
Greta McNeil
Sandra Schipul
Monica Schipul
Maiju Balas
Janet Schmitz

SNACKS:

Lorraine Billings
Bruce Billings
Luella Harlos
Carolyn Stanley

ASSISTANTS:

Shelby Mytyk
Patty Schmelzer
Andrea Hunt
Rebecca Foote
Micaela Herth
Lindsay Zappolo
Joby Lanza
Mia Lanza

MUSIC:

Lois Brandes
Luella Harlos

CRAFTS:

Sue Heller
Allegra Bain
Paddy Buening

RECESS:

Obadiah & Bruce
Joby Lanza
Shelby Mytyk
Sandra Lee





September 2017



Sunday, September 3

13th Sunday after Pentecost

Greeters: The Johnson Family
Ushers: Larry Francis & Cheryl Foote
Lector: Fred Zimonja
Comm. Asst: Milt Thompson & Andrea Hunt
Altar Guild: Annette Francis
Hostess: Michelle Berreth

Sunday, September 3

Scrip cards orders due

Sunday, September 10

14th Sunday after Pentecost

RALLY DAY

Greeter: Milt Thompson
Ushers: Doris Leshar & Joe Kelley
Lector: Bart Nuboer
Comm. Asst: Bruce Billings & Cheryl Foote
Altar Guild: Marybeth Francis
Hostess: Janet Schmitz

Tuesday, September 12

Council Mtg. 7 pm

Sunday, September 17

15th Sunday after Pentecost

Greeters: The Zimonja Family
Ushers: Bart Nuboer & Dick Johnson
Lector: Charlie MacPherson
Comm. Asst: Joe Kelley & Charlie MacPherson
Altar Guild: Elsa Ryberg
Hostess: Marybeth Francis

Friday, September 22

October Beacon Articles Due

Saturday, September 23

YARD SALE

8 am to 3 pm

(Rain Date Saturday, September 30)

Sunday, September 24

16th Sunday after Pentecost

Greeters: The Nuboer Family
Ushers: Bruce Buening & Cheryl Foote
Lector: Fred Zimonja
Comm. Asst: Milt Thompson & Andrea Hunt
Altar Guild: Karen Kelley
Hostess:

Weekly Events

40 Days of Community Bible Study

Mondays, 11 am @ church

Zappolo Bible Study

1st & 3rd Tuesdays at 7 pm

Prayer Service

Thursdays at 7 pm



**School opens
Tuesday, September 5
Drive Carefully!!!**



The Beacon

Christ Lutheran Church
460 Chief Justice Cushing Hwy.
Scituate, MA 02066
www.clc-scituate.org

Yard Sale



Join us for our annual yard sale on
Saturday, September 23
from 8 am to 3 pm.

The rain date will be Saturday, September 30.

Stop by and go treasure hunting and enjoy our out door cookout.
You will find furniture, clothing, fabric, house hold items, children's items
and much more.

Images will be posted on our Facebook page.